

The Core

Art Blakey & The Jazz Messengers

Every morning when I wake
A feeling soon begins to overtake me
Ringing in my ears resounds
through my brain; it finally surrounds me
There is fire, there is life
There is passion, fever and fury
There is love and there is hate
There is longing, anger and worry
Oh, I am a flame
Feel it touch my heart
And down at my core is the hottest part
I can run without fear
If it should become too cold
I know I can endure the frostbite
Oh, a blanket then I'll wrap around me
I keep myself so close to my sight
No one then can cause me harm
Just as the river runs into the sea
'Cause every day, a fire alarm
Is deafening the silence all around me
Oh, I am a flame
Feel it touch my heart
And down at my core is the hottest part
I can run without fear
It is burning
It is burning
You can trust me, we can laugh
Together we can share our sorrow
I will give you secrets too
An attitude that you may borrow
Gypsy woman said to me
"One thing you must bear in your mind
You are young and you are free
But damned if you're deceased in your own lifetime"
Oh, you have a flame
Feel it in your heart
And down at the core is the hottest part
We can run without fear
It is burning
It is burning

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