

# Upstairs

## [:SITD:]

I am dreaming, I'm screaming  
But making no sound  
I'm the nightmare from upstairs  
And I'm coming downFrom silence to violence  
In a single step  
Try to leave or retrieve  
What I can't forgetI can see what I'll be  
When I'm going on  
I can't heal it, can't feel it  
If I'm doing wrongIt's burning, it's yearning  
It's spinning around  
Let it shout, tear it out, save me  
From this unholy beingI am dreaming, I'm screaming  
But making no sound  
I'm the nightmare from upstairs  
And I'm coming downFrom silence to violence  
In a single step  
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It's spinning around  
Let it shout, tear it out, save me  
From this unholy being

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