

# Six Degrees of Inner Turbulence

## Dream Theater

6th Degree - Six Degrees of Inner Turbulence [42:04]

music by Myung, Petrucci, Portnoy, RudessI. OVERTURE [06:49]

(instrumental)II. ABOUT TO CRASH - [lyrics by John Petrucci] [05:51]She can't stop pacing

She never felt so alive

Her thoughts are racing

Set on overdriveIt takes a village

This she knows is true

they're expecting her

And she's got work to doHe helplessly stands by

It's meaningless to try

As he rubs his red-rimmed eyes

He says I've never seen her get this badEven though she seems so high

He knows that she can't fly

and when she falls out of the sky

He'll be standing byShe was raised in a small midwestern town

By a charming and eccentric loving father

She was praised as the perfect teenage girl

And everyone thought highly of herAnd she tried everyday

With endless drive

To make the grade

Then one day

She woke up to find

The perfect girl

Had lost her mindOnce barely taking a break

Now she sleeps the days away

She helplessly stands by

It's meaningless to try

All she wants to do is cry

No one ever knew she was so sadCause even though she gets so high

And thinks that she can fly

She will fall out of the sky

But in the face of misery

She found hopefulness

Feeling better

She had weathered

This depressionMuch to her advantage

She resumed her frantic pace

Boundless power

Midnight hour

She enjoyed the race III. WAR INSIDE MY HEAD - [lyrics by Mike Portnoy] [02:08] Napalm showers

Showed the cowards

We weren't there to mess around Through heat exhaustion

And mind distortion

A military victory mounted on innocent ground Hearing voices from miles away

Saying things never said

Seeing shadows in the light of the day

Waging a war inside my head Years and years of

Bloodshed and warfare

Our mission was only to get in and kill A free vacation

Of palm trees and shrapnel

Trading innocence for permanent psychotic hell Hearing voices from miles away

Saying things never said

Seeing shadows in the light of the day

Waging a war inside my head Feeling strangers staring my way

Reading minds never read

Tasting danger with each word I say

Waging a war inside my head IV. THE TEST THAT STUMPED THEM ALL - [lyrics by Mike Portnoy]

[05:03] Standing in the darkness

Waiting for the light

The smell of pure adrenaline

Burning in the night Random blinding flashes

Aiming at the stage

Intro tape begins to roll

Igniting sonic rage Still they keep me between these hollow walls

Hoping to find in me

The answers to the test that stumped them all "The boy is simply crazy

Suffering from delusions

We honestly think that maybe

He might need an institution He lives in a world of fiction

And really could use some help

We have just the place to fix him

To save him from himself "Curled up in the darkness

Searching for the light

The smell of stale sweat and shit

Streaming through the night Random urine testing

Pills red, pink and blue

Counseling and therapy

Providing not a clue Still they keep me between these hollow walls

Hoping to find in me

The answers to the test that stumped them all "We can't seem to find the answers

He seemed such a clear cut case

We cannot just let him leave here

And put all this work to waste Why don't we try shock treatment

It really might do some help

We have just the tools to fix him  
To save him from himself"V. GOODNIGHT KISS - [lyrics by Mike Portnoy] [06:17]Goodnight kiss in your  
nightgown

Lavender in your bed  
So innocent as you lie down  
Sweet dreams that run through your headAre you lonely without Mommy's love?  
I want you to know I'd die for that moment  
You're just a poor girl  
Afraid of this cruel world  
Taken away from it allIt's been 5 years to the day and  
My tainted blood's still the same  
I can't help acting this way and  
Those bastard doctors are gonna payI'm so lonely without baby's love  
I want you to know I'd die for one more moment  
I'm just a poor girl  
Afraid of this cruel world

Taken away from it allVI. SOLITARY SHELL - [lyrics by John Petrucci] [05:47]He seemed no different from  
the rest

Just a healthy normal boy  
His mama always did her best  
And he was daddy's pride and joyHe learned to walk and talk on time  
But never cared much to be held  
and steadily he would decline  
Into his solitary shellAs a boy he was considered somewhat odd  
Kept to himself most of the time  
He would daydream in and out of his own world  
but in every other way he was fineHe's a Monday morning lunatic  
Disturbed from time to time  
Lost within himself  
In his solitary shellA temporary catatonic  
Madman on occasion  
When will he break out  
Of his solitary shellHe struggled to get through his day  
He was helplessly behind  
He poured himself onto the page  
Writing for hours at a timeAs a man he was a danger to himself  
Fearful and sad most of the time  
He was drifting in and out of sanity  
But in every other way he was fineHe's a Monday morning lunatic  
Disturbed from time to time  
Lost within himself  
In his solitary shellA momentary maniac  
With casual delusions  
When will he be let out

Of his solitary shellVII. ABOUT TO CRASH (REPRISE) - [lyrics by John Petrucci] [04:04]I'm alive again

The darkness far behind me  
I'm invincible  
Despair will never find me I feel strong  
I've got a new sense of elation  
Boundless energy  
Euphoria fixation Still it's hard to just get by  
It seems so meaningless to try  
When all I want to do is cry  
Who would ever know I felt so sad Even though I get so high  
I know that I will never fly  
And when I fall out of the sky  
Who'll be standing by Will you be standing by VIII. LOSING TIME/GRAND FINALE - [lyrics by John  
Petrucci] [06:01] She dresses in black everyday  
She keeps her hair simple and plain  
She never wears makeup  
But no one would care if she did anyway She doesn't recall yesterday  
Faces seem twisted and strange  
But she always wakes up  
Only to find she'd been miles away Absence of awareness  
Losing time  
A lapse of perception  
Losing time Wanting to escape  
She had created a way to survive  
She learned to detach from herself  
A behavior that kept her alive Hope in the face of our human distress  
Helps us to understand the turbulence deep inside  
That takes hold of our lives  
Shame and disgrace over mental unrest  
Keeps us from saving those we love  
The grace within our hearts  
And the sorrow in our souls  
Deception of fame  
Vengeance of war  
Lives torn apart  
Losing oneself  
Spiraling down  
Feeling the walls closing in  
A journey to find  
The answers inside  
Our illusive mind

Lyrics provided by

<https://damnllyrics.com/>