

Hang On to Your Emotions

Lou Reed

When your imagination has too much to say
When the chill of the night meets the sweat of the day
And you have trouble understanding what other people have to say
You'd better Hang on to your emotion, hang on to your emotion
When a demagogue inside your head has taken
charge
And by default what you say or do is criticized
And this litany of failures is recited a thousand times
You'd better Hang on to your emotion, hang on to your emotion
Could it be you've never felt like that
That your mind's a cage inside the cage of cat
That spits and scratches all it can get at
And that's you and your emotions
Could it be you've never felt like that
Your mind's a cage inside the cage of rat
Rabidly trying to get at you
And your emotions, you and your emotion
When your imagination has too much to say
When that facile voice inside your head says give your life away
You might think to ask how it got that way
What books it has read that make it that way
And where it got the right to speak to anyone that way
You'd better Hold on to your emotions, hold on to your emotion
When a night city's breeze blows across the
room
And a 5 A.M. moon and sun start their swoon
You hear your lover's breath
Not a moment too soon
You get to Release all your emotions, you get to
Let go of your emotions and
Release all your emotions, you'd better
Let go of your emotions
Release, I wanna let go
I wanna release now

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