

My Own Hell

Five Finger Death Punch

Twisting and turning, unable to sleep
Will the voices ever stop?
My thoughts speak louder the more I resist
And they're driving me insane, do they ever go?
Inside I'm a danger to myself
I'm a danger to myself
Inside I'm a prisoner of my own hell
My own hell
Losing the battle I waged on myself
Lock me up and toss the key
Toys in the attic, it's all getting worse
Why won't they let me be? Oh God, make it stop
Inside I'm a danger to myself
I'm a danger to myself
Inside I'm a prisoner of my own hell

My own hell
Fit me for a straight jacket
Put me in a padded cell
I'm a danger to you all
And I'm a danger to myself
Inside I'm a danger to myself
I'm a danger to myself
Inside I'm a prisoner of my own hell
My own hell
Inside I'm a danger to myself
I'm a danger to myself
Inside I'm a prisoner in my own hell
My own hell

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