

Dilated

Atreyu

Yesterday, I forgot to breathe for like the 6th time this week
Maybe it was the pink cloud strafed sky that changed my mind
And brought me back seems like every day it's kill or be killed
With all this anger, we cannot progress
With all this anger there is no time to inhale and progress
And catch the smell of something that you once knew
'Cause every day it's bear the load or break
When will it be too much? Have you ever stopped
Raised your face up to the sun and screamed?
Let it out exhale the pain that strangulates your soul
When will I be free? When will I be free? When will I be free?
My lungs take in the fragrance of remorse
What is the cost? Am I living?
If you let your lungs fill up with pain then you will drown
Then you will drown in your own regret, I'm drowning in my own regret
Stop, look around, the stuff you see
rebuild, renown
Everything's so beautiful if we just take the time
My arms feel so numb, my heart palpitates missing a beat
The blood freezing in my veins
The taste of rust in my mouth, so today I just threw it all away
I just threw it all away
Though the light burns my eyes I will not be blind
If you blink you could miss so much please don't ever close your eyes

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