

Four Walls

Staind

The thoughts from my mind
Command my lips say I hate you
The thoughts from my mind
Command my hands to cut your silken flesh
The thoughts from my mind
Command my feet to stomp your head
The thoughts from my mind have one question
When will this ever end?[chorus]
Not much to the life I live
Same four walls
I have nothing left to give
Please take it all away
Same four wallsThe thoughts from my mind
Feel the pain as rats claw at my fleshThe thoughts from my mind
Feels the joy as the needles hits my vein
The thoughts from my mind
Smells the stench as shit runs down my leg
The thoughts from my mind ask for sanity
Now for this I beg[Chorus]The thoughts from my mind
Command my lips say I hate you
The thoughts from my mind
Command my hands to cut your silken flesh
The thoughts from my mind
Command my feet to stomp your head
The thoughts from my mind have one question
When will I be dead?[Chorus]

Songwriters

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