

# Once a Day

[Van Morrison](#)

When you found somebody new I thought I never would  
Forget you for I thought then that I never could  
But time has taken all my pain away  
Until now I'm down to hurtin' once a day Once a day, all day long  
And once a night from dusk till dawn  
The only time I wish that you weren't gone  
Is once a day, every day, all day long And I'm so glad I'm not like a friend that I knew one time  
He lost the one he loved and then he slowly lost his mind  
Sat around and cried his life away  
Lucky me, I'm only hurtin' once a day Once a day, all day long  
And once a night from dusk till dawn  
The only time I wish that you weren't gone  
Once a day, every day, all day long

Lyrics provided by

<https://damnlyrics.com/>