

# Heart Attack At Thirty

## Polar Bear Club

Many years from now, I will go into cardiac arrest  
There is no doubt, my body will give and pay for this  
Night after night, all my many demons have a go  
carving their names with tiny hearts and arrows into bone  
This night explodes in my eye  
There is a light in the sky, highest of many  
The distance intensified by it burning so bright  
It'll have to fall to remember this night  
There's a man standing by had a heart attack at thirty  
Wastes his time holding tight the memories of days gone by  
This night explodes 8 years from now I will go into cardiac arrest  
Walk out onto the roof with me, plug your ears  
Was all this fire meant to be?  
I'll know in years, because this night explodes in my eyes

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