

# Body Movin'

## Skin Walker

Body movin', body movin'

A-1 sound and the sound so soothing

Body movin', body movin'

We be getting down and you know we're Krush Groovin'Let me get some action from the back section

We need body rockin' not perfection

Let your back bone flip but don't slip a disc

And let your spine unwind just take a risk

I wanna do the freak until the break of dawn

Tell me party people is that so wrong

The ship is docking, inter-lockin'

And up-rockin' electro-shockingWe're getting down computer action

Do the robotic satisfaction

All of y'all get off the wall

Have a ball and get involved withBody movin', body movin'

A-1 sound and the sound so soothing

Body movin', body movin'

We be getting down and you know we're Krush Groovin'Flame on, I'm gone

I'm so sweet like a nice bon bon

Came out rapping when I was born

Mom said rock it 'til the break of dawn

Puttin' bodies in motion 'cause I got the notion

Like Roy Cormier with the coconut lotion

The sound of the music makin' you insane

You can't explain to people this type of mind frameAnd like a bottle of Chateau Neuf Du Pap

I'm fine like wine when I start to rap

We need body rockin' not perfection

Let me get some action from the back sectionBody movin', body movin'

A-1 sound and the sound so soothing

Body movin', body movin'

We be getting down and you know we're Krush Groovin'Mike D with the master plan

Oh, my my and thank you ma'am

And when I grab the mic you scream, "Oh, god damn"

The creme de la creme is who I am

MCA where have you been

Packed like sardines in the tin

So kick off your shoes and put on your swim fins

'Cause when it comes to quarries I'm known to swimAdrock light up the place

And if you pull my card you pull the ace

And if you ask me turn up the bass

And if you play defender I could be your hyper space  
Body movin', body movin'  
A-1 sound and the sound so soothing  
Body movin', body movin'  
We be getting down and you know we're Krush Groovin'

Lyrics provided by  
<https://damnlyrics.com/>