

Forever No More

Mary J. Blige

{No more invisible, speechless, deaf and blind child
If neglected pleasures being addicted to denial
Floating through time, gravitating towards a warm arm
With an appetite for the emptiness that promises, no harm} {No more uncontrollable eruptions of emotional
depression
A primal SOS from the barren prison of selfless expression
That only the guilty with innocent souls know
Buried in the social scar tissue of a defective ego} {No more relentless sifting through bodies seeking self
Settling through competitive combat for what's left on the shelf
A mad melee of supply and demand driven by a gullible pride
That leads to sedating the you that suffocates inside} {No more, forever no more, because I've unshut my eyes
And the difference between God's word and man's will was realized
Seeing opposed and parallel lives, some liquid and others frozen
Led me to never seek from man what God has chosen} {Then the negative whispering subsided and the
panicking ceased
The undercurrent suppression of pent up terror was released
As the mystery of the unknown manifested pristine clear
A positive message of truth entered my ear} {Now across my face is a brand new smile
With the newly revealed meaning of a destined child
A message of hope is being released from my heart
And I am overwhelmed with dedication to do my part} {All I ever wanted was to be what I once was, unbounded
Somehow it got all twisted and before long sounded
As though life was a continuous connive-thrive-drive
Choking out the simple joy of just being alive} {Now I am filled with love, and I sing a love song
A song for yesterday, today, tomorrow and beyond
My new prayer is, "Thank you God for setting me free
And thank you God for giving me back me" }

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