

# Hold Your Head Up (feat. Xperience)

[Macklemore](#)

Advisory - the following lyrics contain explicit language:

Hold your head up, there's a light in the sky  
I know you're fed up, but you must try to survive  
Each moment's precious, don't let life pass you by  
Keep focused, keep your eyes on the prize  
(x2)A friend of mine once told me  
We have many paths in this journey  
They act in different directions  
So when you question don't be worried  
It's not a wrong one  
Beauty can be found in all of them  
You'll meet people whose paths intersect  
But you don't know how long you'll walk with them  
Cos the truth is, and it's so hard, but you'll never know  
How long we'll continue with our loved ones down this rugged road  
The path veers and it's clear that we must steer alone  
I've learned if you can't hold on to that moment that exists--  
Let it go  
Cos freedom is god  
Freedom is acknowledging the mask you have on  
And possessing the strength to take it off  
Freedom is accepting every step of the path  
And when it's hard having faith in the ability to embrace that  
That's where you are  
And this is it  
The same shit that we work towards, but go against in the same sense  
My friend hit me to some game and truth unravelled, she said  
"the brighter the light, the darker the shadow"  
And since i'm on cliché terms, knowing is half the battle  
But i don't know  
So i just go with what was destined  
Life can be a burden or a blessing  
The choice is yours to be connected

It's there if you want it, you got it, now let it  
Hold your head up, there's a light in the sky

I know you're fed up, but you must try to survive  
Each moment's precious, don't let life pass you by  
Keep focused, keep your eyes on the prize  
(x2)I feel like i have nothing to give right now  
This is my trial, tribulations, and it must go down

But where's the up?

I'm stuck with the broken smile

No jokin' now, wantin' to grab a swish and smoke this out  
The moment of a man choosing what path i will go down

Do i give in, give up, or get up and live right now?

With a split gut pick myself up and spit my style

This is the only thing that can hold my ground

You're born into this world alone and alone you'll go out

All i have is myself and everyone else i doubt

You can only trust yourself and depend on the help of the pound

Inside of the chest that beats with the breath of the now

No sunshine when she's gone, i can only see clouds

No homies can hold me down, the spirit's testing me now

But i can withstand this world, but it seems so foul

Flood of emotions, it's like i'm being held down to drown

Hell's right around the corner, but i can turn it around

You always have a choice, no matter the situation you're not bound

To nothing, no one, you're chosen for this job

This is your life, you can't escape this bitch when it's hard

Just know that it passes, but you'll collect scars

They never go away, but they will make you who you are

This is a beautiful struggle, i share it in song cos

I can't control this, remember: the moment's beyond us  
Hold your head up, there's a light in the sky

I know you're fed up, but you must try to survive  
Each moment's precious, don't let life pass you by

Keep focused, keep your eyes on the prize

(x2)

And all my people say whoa. whoa. yeah

And all my people say whoa. whoa.

(x2)

C'mon

Hold your head up, there's a light in the sky

I know you're fed up, but you must try to survive  
Each moment's precious, don't let life pass you by

Keep focused, keep your eyes on the prize

[one more time]

Hold your head up, there's a light in the sky

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