

# Co-Song

## Ten Foot Pole

We've been hiding out forever  
Waiting to release all our energy  
That's still inside  
It's time to get it out  
Get it out of me  
Something new  
I want to make this time special  
Something for you  
Playing as hard as we can  
Grind out the energy  
I want to scream again  
So you can hear me singing through my hands  
Release it  
Let it go  
Let it go  
We've found a way to make up for the lost time  
Turn it up and play it loud  
Grind out the energy

Lyrics provided by  
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