Down for the One

Beverley Knight

Go down for the one

Bump up on the two

Go down for the funk game

Go down for the one

Bump up on the two

Go down for the funk gameI recall the rise and fall

In the funky little jams we used to throw down to

Am I coming through?

For those who know the two-step flow

You'll remember how we used to love the 'tic tac toe'

It was strong but slowLet it overcome you

'Til you got no choice to

Tune in to what we wanna see you doGo down for the one

Bump up on the two

Go down for the funk game

(Oh get down)

Go down for the one

Bump up on the two

Go down for the funk gameAs you chill, recall the thrill of intoxicating moves

That make you feel so high, like the Butterfly

And I would doubt you'd be

Without the best of what the DJ had to play to you

Like he oughtta doLet it overcome you

'Til you got no choice to

Tune in to what we wanna see you doGo down for the one

Bump up on the two

Go down for the funk game

(Get down, get down)

Go down for the one

Bump up on the two

Go down for the funk gameMove your body to the funk

(Just move it)

Move your body to the funk

(Oh won't you get down?) Move your body to the funk

(Just move it) Move your body to the funk

(Move it, move it, move it up for me)

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Move your body to the funkLet it overcome you
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(Let it overcome you)

'Til you got no choice to

('Til you got no choice to)

Tune in to what we wanna see you do

(Sing it, sing it, oh won't you go and get down)Down, like you know you should

Better get up on the old school flavor

Down, like you know you should

(Get up)Get down

(Get up)

Get down

(Get down)Down, like you know you should

Better get up on the old school flavor

Down, like you know you should

Get down, get down

(You gotta, you gotta, you gotta get down)Go down for the one

Bump up on the two

Go down for the funk game

(Oh have you got it people?)

Go down for the one

Bump up on the two

Go down for the funk gameGo down for the one

Bump up on the two

Go down for the funk game

Go down for the one

Bump up on the two

Go down for the funk gameDown, like you know you should

Better get up on the old school flavor

Down, like you know you should

(Get up)Get down

(Get up)

Get down

(Get down)Down, like you know you should

Better get up on the old school flavor

Down, like you know you should

Get down, get down

(Won't you sing it won't you?)Down, like you know you should

Better get up on the old school flavor

Down, like you know you should

Get down, get downDown, like you know you should

Better get up on the old school flavor

Down, like you know you should

Get down, get down, get down, get downDown, like you know you should

Better get up on the old school flavor

Down, like you know you should

Get down, get down

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