

# Ong Namo

## Snatam Kaur

Ong Namo - I bow to the subtle divine wisdom  
Guru Dev Namo - I bow to the divine teacher within

Oh my Beloved, Kindness of the heart, Breath of Life, I bow to you  
Divine Teacher, Beloved Friend, I bow to you again and again  
Lotus sitting on the water, beyond time and space, this is your way, this is your Grace

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This is the Adi Mantra, or Primal Mantra, as taught by yogi Bhajan. Mantra means the projection (tra) of the mind (man). Chant this mantra to tune into the divine teacher within.

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Lyrics submitted by Be.

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