Jump For Joy

The Jacksons

People have misunderstandings

Of what life is all about

They put values in the wrong things

And in happiness they lose out'Cause being happy is a feeling

This is all a frame of mind

And every moment you feel sad and blue

You could be having a real good timeWhy don't you jump for joy and be happy?

Why don't you jump for joy and be glad?

If you just try it, feel better

And have the best time you ever hadWhy don't you jump for joy and be happy?

Why don't you jump for joy and be glad?

If you just try it, I'm sure you'll like it

And have the best time you ever hadDo it, do it, do it, do it

Do it, hmmThere is no sense in worrying

'Cause that won't solve a thing

Chances are what's ever worrying you

Is not as bad as it seemsBeing down won't last forever

'Cause nothing really stays the same

You will have a bright tomorrow

There's always sunshine after rainWhy don't you jump for joy and be happy?

Why don't you jump for joy and be glad?

If you just try it, I know you'll like it

And have the best time you ever hadWhy don't you jump for joy and be happy?

Why don't you jump for joy and be glad?

If you just try it, I know you'll like it

And have the best time you've ever had

(You just gotta, you just gotta)C'mon, yeah, c'mon, yeah, yeah

[Incomprehensible] Why don't you jump for joy?

Why don't you jump for joy?

If you just try it, I'm sure you'll like it

And have the best time you ever hadWhy don't you jump for joy?

Why don't you jump for joy?

If you just try it, I'm sure you'll like it

And have the best time you ever hadWhy don't you jump for joy?

Why don't you jump for joy?

Try it, I'm sure you'll like it

And have the best time you ever hadWhy don't you jump for joy?

Why don't you jump for joy?

Would you try it? I'm sure you'll like it?

And have the best time you ever hadC'mon, c'mon, yeah, yeah
C'mon, c'mon, c'mon, baby
YeahWhy don't you jump for joy? Yeah, yeah
C'mon, hmm, hmm

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