

# There Are Moments

## Abaendon

There are moments  
You don't know what happens  
There are moments  
You'd rather flee and hide away  
The time can't seem to be spent  
There is something you'd like to say  
    Out loud to all  
    But you can't begin to speak  
Your mind aches when your body heals  
    And here you are again

Don't seek hope far away because  
It's hiding in the soul of each of us  
Don't look for something you now you can't find  
    Don't try to play a game  
    You know you're bound to lose

Hold yourself down  
You'll laugh about it when you're grown  
    Things aren't so bad  
    Don't worry  
    Keep calm and look up

No one will be able to cure me  
    You hurt me too much  
    How could you never see?  
    What I wanted was just  
        A call once a day  
        And a gentle word  
        From time to time  
        A little attention

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