

# Rise Up

**Idina Menzel**

A man, appears to be strong  
Can start out with nothing  
And take on the world  
Girl, you take it all away  
Leave him with nothing, nothing  
Nothing to say

Rise up above  
And let your heart see again  
Rise up above  
And light your mind

Heart, is going your own way  
You've got to believe in yourself  
If you want to be strong  
Nooo, no one is perfect  
You must be giving  
If you want to be seen

[Chorus]

Those times when you're calling out, you're alone  
You're just a minute away  
You're just a minute away  
Got to set yourself free  
Oh please, get yourself free  
ooh ooh ooh

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