

# Catch & Release (Sir Felix Remix)

[Matt Simons](#)

There's a place I go to  
Where no one knows me  
It's not lonely  
It's a necessary thing  
It's a place I made up  
Find out what I'm made of  
The nights are stayed up  
Counting stars and fighting sleep  
Let it wash over me  
Ready to lose my feet  
Take me on to the place where one reviews life's mystery  
Steady on down the line  
Lose every sense of time  
Take it all in and wake up that small part of me  
Day to day I'm blind to see, and find how far  
To go  
Everybody got their reason  
Everybody got their way  
We're just catching and releasing  
What builds up throughout the day  
It gets into your body  
And it flows right through your blood  
We can tell each other secrets  
And remember how to love  
Da-da-dum-dum-dum-dum  
Da-da-dum-dum-dum  
Da-da-da-da-dum  
Da-da-dum-da-dum-dum-dm  
Da-da-dum-dum-dum  
Da-da-da-da-dum  
There's a place I'm going  
No one knows me  
If I breathe real slowly  
Let it out and let it in  
It can be terrifying  
To be slowly dying  
Also clarifying  
We end where we begin  
So let it wash over me  
I'm ready to lose my feet  
Take me on to the place where one reviews life's mystery  
Steady on down the line  
Lose every sense of time  
Take it all in and wake up that small part of me  
Day to day I'm blind to see and find how far

To go Everybody got their reason  
Everybody got their way  
We're just catching and releasing  
What builds up throughout the day It gets into your body  
Flows right through your blood  
We can tell each other secrets  
And remember how to love Da-da-dum-da-dum-dum-dum  
Da-da-dum-dum-dum  
Da-da-da-da-dum  
Da-da-dum-da-dum-dum-dm  
Da-da-dum-dum-dum  
Da-da-da-da-dum Everybody got their reason  
Everybody got their way  
We're just catching and releasing  
What builds up throughout the day And it gets into your body  
And it flows right through your blood  
We can tell each other secrets  
And remember how to love

Songwriters

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