

Up & Down (Allstar Remix) [feat. Judakiss]

Deborah Cox

reckless uh uh huh
Double r uh uh uh
Beat block yeah
Deborah cox
YoCome on ma
You know i play hard ball
The triplex with them spinal steps
And them parkay floors
I just wann lay u down
The way u look
The way you smell
The way you sound
And they way you be puttin it on it
The nights alright
But nuthin can compare to the mornin
Cus that's where the love is real at
Up and down in and out tell me if u feel thatOooh...
Baby I didn't come here to fight
Why you wanna mess with me
Oooh...
I'm always willin' to compromise
But you ain't controllin' me, noCause I
Came here to make love not war with you babe
So I try
To find some ways to make me feel goodUp and down, in and out
That's what love is all about
Always leaves both of us
Feelin' good, I'm so helpless
Up and down, in and out
Love keeps movin' us around
To the beat, like a drum
I don't know if I can catch the rhythmOooh...
You know me better than I know myself
So why are you keep teasin' me
Mmmh...
I can't see me bein' with nobody else
Cause you love me so crazy, yeahCause I
Came here to make love not war with you, babe
So I try

To find some ways to make me feel goodUp and down. in and out

That's what love is all about

Always leaves both of us

Feelin' good, I'm so helpless

Up and down, in and out

Love keeps movin' us around

To the beat, like a drum

I don't know if I can catch the rhythmUp and down. in and out

That's what love is all about

Always leaves both of us

Feelin' good, I'm so helpless

Up and down, in and out

Love keeps movin' us around

To the beat, like a drum

I don't know if I can catch the rhythmYo you actin real lady like

And i'm real hood

But at the end of the night we both feel good

And i don't wanna conrtol you

I just wanna hold u

And i know i flip sometime

But i'm suppose to

And i don't mean to come off rude and all that

Cus i know u in your sexy mood and all that

Nobody get wettier that you do

Believe me girl i know you better than u do

Believe me it's always in the back of your head

How we go from the jucuzzi to the bacolny

Back to your bed

So perhaps we dicuss it a little

Can't change my attitude thou baby

Just adjust it a little

And i'ma keep heat thug

Only time i disarm myself ma

Is when we make sweet love

Ha i'ma protect homebase

Can't catch the rhythem

We gunna go out of homebaseYou know I'm in a sexy mood

So why you gotta act a fool tonight

You need to change your attitude

Cause I ain't arguin' with youYou know I'm in a sexy mood

So why you gotta act a fool tonight

You need to change your attitude

Cause I ain't arguin' with youUp and down. in and out

That's what love is all about

Always leaves both of us

Feelin' good, I'm so helpless
Up and down, in and out
Love keeps movin' us around
To the beat, like a drum
I don't know if I can catch the rhythmUp and down. in and out
That's what love is all about
Always leaves both of us
Feelin' good, I'm so helpless
Up and down, in and out
Love keeps movin' us around
To the beat, like a drum
I don't know if I can catch the rhythmAre you feelin' me
Are you feelin' me, baby
Oooh...
I'm in the mood to make sweet love, yeah
You know I'm in a sexy mood
So why you gotta act a fool tonight
Up and down, in and out
Up and down, in and out
That what love is all about

Songwriters

Cox, Deborah / Harris Iii, James Samuel / Lewis, Terry / Wright, James Quenton / Richbourg, Alexander

BenjaminPublished by

Lyrics Â© Sony/ATV Music Publishing LLC

Lyrics provided by

<https://damnllyrics.com/>