

# Rhythm In The Spirit

## Kansas

Trying to find the change  
Bad habits have a way  
Of numbing all the pain  
Inherent with what we see  
And what we've come to know  
We emulate the ones we want to be ...Answers hard to find  
With a mind that lives confined  
Blind and unaware  
Doesn't mean it isn't there ...(Chorus)  
If you can change your mind  
And see what's there to find  
There's rhythm in the spirit  
A new light will arise  
And let you recognize ...Reaching to fill the glass  
This one is number eight  
Behavior is innate  
With all sensation gone  
Not knowing to refuse  
Be careful now,  
There's everything to lose

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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