Why Do You Do This To Yourself?

Evan Dando

You stayed awake for 14 days and then you slept a week
Why do you do this to yourself?
You drank out on the fire escape until you couldn't speak
Why do you do this to yourself?Why do you do this to yourself?
Refusing any kind of help
You're not hurting no one else, that you can see
Why do you do this to yourself?
If you knew just how it felt
You're not hurting no one else, cause you can't see
You'll stay up again I'm sure, I won't be losing sleep
Why do you do this to yourself?
All my life
Just look for sunshine
To burn in full time
To be filled with hatred
For the time I've wasted
And I'm so impatient
For a new sensation
God knows what I thought I'd do
I bit my own sweet heart in two
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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