

Why Do You Do This To Yourself?

[Evan Dando](#)

You stayed awake for 14 days and then you slept a week

Why do you do this to yourself?

You drank out on the fire escape until you couldn't speak

Why do you do this to yourself? Why do you do this to yourself?

Refusing any kind of help

You're not hurting no one else, that you can see

Why do you do this to yourself?

If you knew just how it felt

You're not hurting no one else, cause you can't see

You'll stay up again I'm sure, I won't be losing sleep

Why do you do this to yourself?

All my life

Just look for sunshine

To burn in full time

To be filled with hatred

For the time I've wasted

And I'm so impatient

For a new sensation

God knows what I thought I'd do

I bit my own sweet heart in two

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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