I Can't Help Myself

John Fogerty

My oh my, whats a guy to do?

The time is right, time to make a move

This is hard to take, I can hardly wait

I cant help myselfPins and needles, nervous alley cat

I cant sit down, Im burnin up the track

Like a runaway truck, I just gotta buck

I cant help myselfThere's a whirlwind up ahead, so spread the news

I cant be late, I gotta break, I feel like bustin loose

I cant help myselfMy oh my, ride the wild stampede

I cant let go, I cant control the speed

Im chompin at the bit, and its too late to quit

I cant help myselfThere's a whirlwind up ahead, so spread the news

I cant be late, I gotta break, I feel like bustin loose

I cant help myself, I cant help myselfThis is hard to take, I can hardly wait!

I cant help a my, I cant help a my, I cant help a myself

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