

# This Too Shall Pass

[Yolanda Adams](#)

In the middle of the turbulence surrounding you  
These trying times that are so hard to endure  
In the middle of what seems to be your darkest hour  
Hold fast your heart and be assured This too shall pass, like every night that's come before it  
He'll never give you more than you can bear  
This too shall pass, so in this thought you be comforted  
For it's in His hands, this too shall pass, oh yes The Father knows the tears you cry before they fall  
He feels your pain, His heart and yours are one  
The Father knows that sorrow's heavy chains are strong  
But with His strength, you'll overcome For this too shall pass, like every night that's come before it  
He'll never give you more than you can bear  
This too shall pass, so in this thought you be comforted  
For it's in His hands, this too shall pass So set your eyes, set them on the mountain  
And lift your hands up to the sky  
And let His arms of love surround you  
Let Him take you to the other side This too shall pass, like every night that's come and gone before it  
I'm so glad, He never gives [Incomprehensible] more than you can bear  
This too shall pass, so in this thought you be comforted  
For it's in his hands, this too shall pass It's in His hands, this too shall pass  
Oh, it shall pass

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