

# Strong Hold

## A Telemetry

to much anger  
and to much pain  
all this time  
to feel the strain

as a mystery unfolds  
truth is finally told to me  
to grow old and finally see

life's strong hold  
it holds you down  
life's strong hold  
it turns you round and round

to hold course  
and find your fate  
to take this all  
you must contemplate

the meaning of it all  
to whom you hold dear too  
battle for and loose that fear

life's strong hold  
it holds you down  
life's strong hold  
it turns you round and round

touching you  
take distance  
as disappointment rains on you  
in your life it's life's strong hold

life's strong hold  
it holds you down  
life's strong hold  
it turns you round and round

life's strong hold  
it holds you down

life's strong hold  
it turns you round and round

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Lyrics submitted by m.

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