Stop

Ryan Adams

I know a sickness so ancient and cross
No crucifix could ever fix enough
In the basement of a church
These people, they talk
There is a line that must be walked
If you wanna make it stop, then stop
I know a place where the future is denied
I know a hand that twitches inside
For some of us the glass is filled with lights
But if the honey makes you sick
Honey, there is a line that must be walked
If you wanna make it stop, then stop, stop
Slow down, you don't have to talk
Lie down, breathe, stop
Slow down, it's not your fault
Look around, there's so many of us
So many of us, you are not alone
Ever, ever, ever, stop
Call in the backup and the backup comes
But nobody can help you if you won't
Inside your chest, your heart is just heart
Behind your eyes, a need replaced, a want
I know a sickness so ancient and cross
No crucifix can never fix enough
I know a past when the future is lost
I know a line that must be walked
There is a darkness and there is a light
And there is a choice
For a balance to be made every night
Weakness must be found
If you want it to stop, stop, stop

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