

# Stop

[Ryan Adams](#)

I know a sickness so ancient and cross  
No crucifix could ever fix enough  
In the basement of a church  
These people, they talk  
There is a line that must be walked  
If you wanna make it stop, then stop  
I know a place where the future is denied  
I know a hand that twitches inside  
For some of us the glass is filled with lights  
But if the honey makes you sick  
Honey, there is a line that must be walked  
If you wanna make it stop, then stop, stop  
Slow down, you don't have to talk  
Lie down, breathe, stop  
Slow down, it's not your fault  
Look around, there's so many of us  
So many of us, you are not alone  
Ever, ever, ever, stop  
Call in the backup and the backup comes  
But nobody can help you if you won't  
Inside your chest, your heart is just heart  
Behind your eyes, a need replaced, a want  
I know a sickness so ancient and cross  
No crucifix can never fix enough  
I know a past when the future is lost  
I know a line that must be walked  
There is a darkness and there is a light  
And there is a choice  
For a balance to be made every night  
Weakness must be found  
If you want it to stop, stop, stop

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