

# Self Help

## Criteria

Advisory - the following lyrics contain explicit language:

"Self Help" by Criteria  
The sightless leading the blind  
You confuse and scare the masses to get behind  
Because the world's stern  
But you chose to fight instead and not to learn  
Who you kill don't change:  
You killed  
How hard is it to say, "I make mistakes?"  
We cannot pretend to dance around the cover-up.  
If this ain't no sin to say you never heard  
Well then one lies into another  
Who protects citizens from presidents?  
Nations will try to remind us  
Don't begin what you can't end  
Somebody out there can fight us  
But instead we close our eyes and go to  
War, it don't work  
It frustrates the cause, it's making it worse.  
Peace, love, understanding  
It's as simple as it sounds if you believe  
Leaders will try to blind us  
But open minds still see  
Officials addicted to crisis  
Detoxified with peace  
They make war, it don't work  
It frustrates the cause, it's making it worse

Lyrics provided by

<https://damnlyrics.com/>