

# Everybody Dance Now

## My Fitness Music

Everybody Dance now ...  
Everybody Dance now ...  
    Give me the music  
    Give me the music  
Everybody Dance now ...  
Everybody Dance now ... Yeah ... Yeah ... Yeah  
    Everybody Dance now ...  
    Yeah ... Yeah ... Yeah  
Everybody Dance now ...[rap by Freedom Williams]  
    Here is the doe, back with the bass  
    The jam is live in effect and I don't waste time  
        Or the mike if it don't rhyme  
    Jump to the rhythm jump jump to the rhythm jump  
        And I'm here to provide  
    Peace and lyrics to make you shake your pants  
        Take a chance, come on and dance  
    Guys grab a girl, don't wait, make a whirl  
        It's your world and I'm just a swirl  
        Trying to get a nut to move your butt  
        To the dance floor, so yo what's up  
        Hands in the air, Come on say yeah,  
        everybody over here everybody over there  
        the crowd is live and I feel this groove  
        Party people in the house  
        Move ... (Let your mind)  
    Move ... (Put me online)(Chorus)  
        Come on let's sweat, baby  
        Let the music take control  
        Let the rhythm move you  
            Sweat, sweat  
        Let the music take control  
    Let the rhythm move youEverybody dance now ...  
        Da da da da  
        da da da da  
        da da da da, da da da  
        da da da da, da da dala da da da  
            la da da da  
            dum da dum da dum  
    everybody dance now[rap by freedom williams]

Pause take a breath go for yours  
On my command now hit the dance floors  
I'm gonna make you sweat till you bleed  
Is that ... enough, indeed  
I pay the price, control the dice  
I'm more precise, to a point I'm nice  
The music takes control, your heart and soul  
Oh, your body is free and a whole  
Dance till you can't dance  
Till you can't dance no more  
Get on the floor and get warm  
Then come back and upside down  
Easy now, let me see ya  
Move ... (Let your mind)  
Move ... (Put me online)The music is my life ...  
everybody dance now ...  
everybody dance now ...  
everybody dance now ...  
everybody ... (Repeat Chorus)

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