## **Before (After)**

## **Ayo**

Today I just don't feel as good as I felt yesterday

My mind is trapped in thoughts, there ain't no back door to escape

Everything was good before I started to feel that way

Before I slammed the door, before I cursed,

Before I scratched my faceBefore the rain, before the hurting

Before the lies, the distrust, the madness,

Before the painWhen will these old wounds of mine stop bleeding?

And how long does it take before I start to heal?

After each time I break down, it's like my heart stopped beating

That's after the break outs, after the shouts, after the drainAfter the rain, after the hurting

After the abuse, after the blues,

After I took off and threw my shoes

After the bruise, after the refuse,

After me freaking out and breaking loose

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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