Why Do I Do

Chad Fontaine

1..2..3...4...

Seems like so many nights
I catch a buzz just to kill the life
Conflict and eternal fights,
I took to myself so I can feel alright
You don't love me anymore
You turn your back when I hit the floor
You've seen me fall before,
It ain't nothing new to you

Why do I do this to myself?
Why don't I care about my health?
Take my money, take my time...
Take this life it isn't mine...

Seems like just yesterday,
I told myself I can change my way
But here I am again,
You've gone,
Now there's holes in my vein
I stuck in blood shots, skin is pale
My limbs are weaker,
My blood is still
Maybe I would change my way
Maybe, but not today

Why do I do this to myself?
Why don't I care about my health?
Take my money, take my time...
Take this life it isn't mine...

Seems like a century,
Since my best friend,
Was took away from me
She never been so high
Have you ever heard:
â€œWhat you love, one dieâ€•
Maybe it will make me see
Maybe it isnâ€™t the life for me

Maybe I would change my way
Maybe, but not today

Why do I do this to myself?
I do not care about my health
Take my money, take my time...
Take this life it isn't mine...

Lyrics Submitted by Namelesssuspect

Lyrics provided by
https://damnlyrics.com/