

# Guided Relaxation Dub

## Borgore

Find a quiet place,  
And sit comfortably on the ground,  
With your back straight  
Make sure you are in a very comfortable position,  
So you can let yourself go completely  
Close your eyes  
Breathe in through your nose,  
Expand your belly  
Hold  
Exhale, and blow away all your tensions  
With each breath, let your body relax  
Feel yourself relaxing

Yeah, yeah, yeah!

Relaxing...

Yeah, yeah!  
Yeah, yeah!  
Yeah, yeah!

Yeah, yeah!  
Yeah, yeah!  
Yeah, yeah!

Yeah, yeah!  
Yeah, yeah!  
Yeah, yeah!

Yeah, yeah!  
Yeah, yeah!  
Yeah, yeah!

Let go,  
Breath,  
Let go,  
Let go...

(Yeah, yeah!)  
(Yeah, yeah, yeah, yeah!)

(Yeah, yeah!)  
(Yeah, yeah, yeah, yeah!)  
(Yeah, yeah...!)  
(Yeah, yeah, yeah, yeah!)  
Yeah, yeah, yeah!  
(x2)

Relaxing...

(Yeah, yeah, yeah, yeah!)  
(Ah!)  
Yeah, yeah, yeah!

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Lyrics submitted by Corpses.

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