

# Bruises

## Plain White T's

She tries to hide the bruises  
She says, it wasn't him  
But sometimes he loses his temper  
And again he'll come home, look for a fight But she tells herself it's alright  
She hopes someday it's alright She doesn't tell anybody but everyone can tell  
That there's something she's hiding  
She hasn't done herself  
But she still goes out every night And she tells herself it's alright  
She hopes someday it's alright  
It's alright, it's alright, it's alright She has to make excuses for all of this abuse  
And it's sad, the truth is she's scared of what he'll do  
If she'd ever walk out of his life  
So, she tells herself it's alright She hopes someday it's alright, it's alright  
It's alright, it's alright, it's alright, it's alright She sits and she waits, it's not getting any better  
It's never too late but she knows it's now or never  
She'll get up the strength to stand up to him tonight  
She knows that it's alright, it's alright She says, today she's leaving, she says she's had enough  
Sick of being mistreated, she knows that isn't love  
So tonight, she's saying goodbye and she tells herself it's alright  
Yeah, she knows she's gonna make it tonight  
Yeah, she's finally going on with her life And she knows that it's alright  
It's alright, it's alright, it's alright  
It's alright, it's alright, it's alright She sits and she waits, it's not getting any better  
It's never too late but she knows it's now or never  
She'll get up the strength to stand up to him tonight  
She knows that it's alright

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