

Stick It Out

Rush

Trust to your instincts
If it's safely restrained
Lightning reactions
Must be carefully trainedHeat of the moment
Curse of the young
Spit out your anger
Don't swallow your tongueStick it out
Don't swallow the poison
Spit it out
Don't swallow your prideStick it out
Don't swallow your anger
Spit it out
Don't swallow the liesNatural reflex
Pendulum swing
You might be too dizzy
To do the right thingTrial under fire
Ultimate proof
Moment of crisis
Don't swallow the truthStick it out
Don't swallow the poison
Spit it out
Don't swallow your prideStick it out
Don't swallow your anger
Spit it out
Don't swallow the liesStick it out
Stick it outEach time we bathe our reactions
In artificial light
Each time we alter the focus
To make the wrong moves seem rightYou get so used to deception
You make yourself a nervous wreck
You get so used to surrender
Running back to cover your neckHeat of the moment
Curse of the young
Spit out your anger
Don't swallow your tongueStick it out
Don't swallow the poison
Spit it out
Don't swallow your prideStick it out
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