## **Inhale Positivity**

## **Lazyboy**

Inhale positivity, exhale negativity
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Inhale positivity, exhale negativity
Inhale positivity, exhale negativityEnjoy the little things in life
Like the smell of a flower

The sound of a bird or the shape of a cloudDo something different today, smile to a stranger on the street

Take a different way home or go by a CD

With music that you wouldnt have normally boughtTry not to be to hasty

In your judgment of other people

And take life less seriouslyWhat you give will always come back double

Some people spend their whole life waiting for the storm

And never enjoy the sunshineInhale positivity, exhale negativity

Inhale positivity, exhale negativityTake a deep breath

By taking five deep breaths everyday

It will help remove the build up of toxins in the bodyIt also lowers your cholesterol in the blood

And strengthens your mind

As you breathe out think only positive thoughtsLike what a great day this is going to be Surround yourself with successful people

Dont feel threatened by themChallenge yourself and learn from them
Because sccess has a mysterious way of attracting more success
Like negativity attracts more negativityInhale positivity, exhale negativity
Inhale positivity, exhale negativity
Inhale, exhale, negativity

Inhale, exhale, negativityInhale new life and positivity And exhale pain, regrets and negativityInhale

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