

# Slow Me Down

[Emmy Rossum](#)

Just slow me, slow me down  
Slow me down, slow me down Rushing and racing, and running in circles  
Moving so fast, I'm forgetting my purpose  
Blur of the traffic is sending me spinning, getting nowhere My head and my heart are colliding, chaotic  
Pace of the world, I just wish I could stop it  
Try to appear like I've got it together, I'm falling apart Save me, somebody take my hand and lead me  
Slow me down, don't let love pass me by  
Just show me how 'cause I'm ready to fall Slow me down, don't let me live a lie  
Before my life flies by  
I need you to slow me down Sometimes I fear that I might disappear  
In the blur of fast forward I falter again  
Forgetting to breathe, I need to sleep, I'm getting nowhere All that I've missed I see in the reflection  
Passed me while I wasn't paying attention  
Tired of rushing, racing and running, I'm falling apart Tell me, oh, won't you take my hand and lead me?  
Slow me down, don't let love pass me by  
Just show me how 'cause I'm ready to fall Slow me down, don't let me live a lie  
Before my life flies by  
I need you to slow me down Just show me, I need you to slow me down  
Slow me down, slow me down The noise of the world is getting me caught up  
Chasing the clock and I wish I could stop it  
Just need to breathe, somebody please slow me down!

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