

In Your Darkest Moments

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In your darkest moments
Never forget that you can
And will make it through
Never forget the hard times
That you already have
Made it through And understand that in the future
There will be more challenges
But also more rewards
And all of this counts as life
It's all part of true joy
Everything counts
After all, these ups and downs
Aren't here to hurt us
They're here to thrill us
To make the rollercoaster ride of life
Even more interesting
And spectacular Deep down inside
We don't really want an easy life
We want an amazing life
And the strength to love it
With all our heart Besides, darkness and shadow
Those are not our enemies
They're as necessary and natural
As the nighttime is to the day
The dark isn't bad
It's simply the light casting a shadow
Our ultimate quest is not to destroy
The shadows or our demons
But to learn to hold hands
With that side of life
To party with our demons

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