

# Stop

## The Alarmists

Yes it's true that I believe  
I'm weaker than I used to be  
I wear my heart out on my sleeve  
Oh, and I forget the rest of me  
Yes, there's times I've been afraid  
And there's no harm in that I pray  
'Cause I'm more frightened everyday  
Someone will take the hope I have, away  
But you gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes I know  
You gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes I know  
All the times I've given in  
You fit me like a second skin  
And one by one I will begin  
To wear you on the days I'm feeling thin  
But you gotta give it up  
To get off sometimes  
  
You gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes I know  
Hey, I gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes  
You gotta give it up  
To get off sometimes I know  
You'd better stop, stop, stop  
Using me up

You'd better stop  
'Cause I've had enough  
And I'm ready to forget the reasons  
That keep me here  
Ooh in the rain  
You won't even if you never even gonna change  
Good god need a little help, while  
You'll find what you think you gonna be child  
Ya, you'd better stop, stop, stop  
Using me up  
You'd better stop  
'Cause I've had enough  
And I'm ready to forget the reasons  
Well the reasons keepin' me here

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