

# Better Than This

## Sanctus Real

It starts in your heart and it  
Changes the rhythm of your life  
It starts with a spark and it  
Turns to a fire burning bright  
Out of the darkness, you feel the joy inside  
Hey, nothing feels better than this  
When the sun comes shining in  
It's a new day, you're wide awake  
And you feel alive again  
Hey yea, hey yea  
It burns deep inside,  
Changes your world one day at a time  
It glows in your soul and it  
Reaches the places you thought you could hide  
Joy makes you shout into the silence,  
Makes you wanna face in (?) the hardest times  
Hey, nothing feels better than this  
When the sun comes shining in  
It's a new day, you're wide awake  
And you feel alive again  
Nothing feels better than this  
The chance to start again  
It's a new day and you just can't wait  
'Cause nothing feels better  
Nothing feels better than this  
There's gonna be days when you wanna give in  
But you can't give in, you can't give up  
There's gonna be days when you just can't win  
And you need something to get you up  
It's more than enough, when you got love inside  
Hey yea, hey yea, hey yea  
Hey, nothing feels better than this  
When the sun comes shining in  
It's a new day, you're wide awake  
And you feel alive again  
Oh, nothing feels better than this  
The chance to start again  
It's a new day and you just can't wait  
'Cause nothing feels better  
Nothing feels better than this  
Hey yea

Songwriters

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