

# Spirulina

## Chronixx

Good god have mercy..hey  
Good god of grace  
Lord have his mercy  
Zinc fence ahh boooy...

Spirulina build up mi confidence  
Rastafari run di continent  
Dis king selasi I you pay the consiquence  
Don't get it confuse

Gi mi a bottle of spirulina  
Ah mek mi mix up di roots wid medina  
Come off a tour and di knee feel weak  
So me go a Hope road and goh link Viva

Wah good fi you nerves Sour Sap and Sap pata  
Coconot water fi wash off yuh heart.  
Ok, Nobody could a say rasta soft  
Fi Go link Viva fast a never fever grass  
Spirulina we blending so you know i'll be spending  
ever dolla out a mi bill fold  
A bottle a di green and a it mek me clean  
So me skill like Allan Skill Cole

Ghetto Yute if yuh not get it you will lose  
Mek yuh food be your medicine  
Your Medicine your food  
Blend up the carrot wid the letece in a juice  
Nuh fraid fi mix di vegetable with the fruits

Gi mi a bottle of spirulina  
Ah mek mi mix up di roots wid medina  
Come off a tour and di knee feel weak  
So me go a Hope road and goh link Viva  
Gi mi a bottle of spirulina  
Ah mek mi mix up di roots wid medina  
Mi bredda wah gi me a niece  
We drive go a Hope road and goh link Viva

Me a one yute weh tek mi body serious

A nuh anything can go inna me tea cup  
Mi live like a king like Megas Negus  
Cesar drink rum till him body cease up  
But me go link Viva him say him got it right here  
One bottle a spirulina and a butter ripe pear  
Mi nuh like weakness it a mi worst night-mare  
Nuh gi mi hennessy, nuh gi mi red strip beer

Gi mi a bottle of spirulina  
Ah mek mi mix up di roots wid medina  
Come off a tour and di knee feel weak  
So me go a Hope road and goh link Viva  
Gi mi a bottle of spirulina  
Ah mek mi mix up di roots wid medina  
In a mi house soon look like a creech  
Caw me go a Hope road and goh link Viva

Bus stop, choose well  
A bottle of sap pata, Spirulina  
Coconot water..ahh boy..Blood tonic  
The whole world love Chronixx  
Get in in your mind if yuh nuh get it you will loose  
Mek yuh food be your medicine  
Your Medicine your food  
Blend up the carrot wid the letece in a juice  
Nuh fraid fi mix di vegetable with the fruits

Spirulina weh mi drink wid medina  
Spirulina weh mi drink wid medina  
Spirulina weh mi drink wid mi dinner  
Spirulina weh mi drink wid mi tea

Spirulina weh mi drink wid medina  
Spirulina weh mi drink wid medina  
Spirulina weh mi drink wid mi dinner  
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