

We Are the Reasons

We Came As Romans

This is a poison everyone knows
It runs through my rivers
Created and cured by the same
And it will flowTear through these holds
And rip away my heart
With an effort so constrained
This is the venom in my veinsThis is the venom in my veins
Created and cured by the same
This is the venom in my veins
I've spoken reckless wordsAnd I know I've built a bed of unrest
That destroys my heart once I lay my head down
Destroys the crutches that I've built
I thought they were soundWe are the reasons for health and light
For illness and weakness
It will flow from my body to yours
An infection that can't be curedWe are the reasons for health and light
For illness and weakness
We will tear through these holds
We will tear through these holds
Or we will keep them strongWe are the reasons for health and light
For illness and weakness
We will tear through these holds
Or we will keep them strong
We will keep them strongWith an effort so constrained
This is venom in my veins
Created, cured by the same
By the sameI've chosen selfless over selfishness
I've left a bed of disgust and unrestDestroyed the crutches that I built myself
I found that they were never sound
It won't consume my heart anymoreAnd I know I've built a bed of peace
That restores my heart once I lay my head down
Rebuilds the crutches that I destroyed myselfI plead to change my life, just before I dream
And wake to realize that change is inside meWe are the reasons for health and light
For illness and weakness
We will tear through these holds
We will tear through these holds
Or we will keep them strong
We are the reasons for health and light

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