Mystic Rhythms

Yoga Dreams

So many things I think about

When I look far away

Things I know -- things I wonder

Things I'd like to say

The more we think we know about

The greater the unknown

We suspend our disbelief

And we are not aloneMystic rhythms -- capture my thoughts

And carry them away

Mysteries of night escape the light of day

Mystic rhythms -- under northern lights

Primitive things stir

The hearts of everyoneWe sometimes catch a window

A glimpse of what's beyond

Was it just imagination

Stringing us along?

More things than are dreamed about

Unseen and unexplained

We suspend our disbelief

And we are entertained Mystic rhythms -- capture my thoughts

And carry them away

Nature seems to spin

A supernatural way

Mystic rhythms -- under city lights

Or a canopy of stars

We feel the powers

And we wonder what they are

We feel the push and pull

Of restless rhythms from afar

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