

# I Took A Beating

## I Am The Avalanche

I took a beating in 2003  
At least I improved  
My threshold for painSee my eyes swelled up and poured out blood  
He spent six months just cleaning it up  
The doctor said he'd stitch up the cut for me  
My next beating's in two weeksI've been taking a beating, in 2004  
yeah only two months have passed by  
I'm already on the floorI took a baseball bat straight to the knees  
I buckled over in the cold Brooklyn street  
The same doctor helped me back to my feet  
He said to me "I'll see you in two weeks" And if I take a beating (beating) in 2005 (beating)  
It'll be a miracle (beating)  
If I'm still alive (beating)

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