

# Take It Hard (feat. Lara Johnston)

J. Dash

You take it hard  
Your darkest days are all behind you  
You take it hard  
Dont go so far away  
And I cant find you I feel like my heart is gone  
And every night I wish you that could feel this pain all over  
Every moment after this  
Im numb to all sensations of pleasure and recreation  
Doing anything for some sedation starting pacing  
And stress is starting to show up in my body  
Losing weight,  
Losing sleep,  
Losing sanity,  
Somebody tell me how to deal with this,  
Ive tried it all,  
Ive cried it all,  
Until I couldnt cry at all,  
Babe you have no idea,  
Cause everybody has expectations of how long they think your pain is suppose to last  
Fool, theyre saying you should get back off the pine,  
Force to smile like everything is fine,  
Life is getting easier with time,  
Im lying to myself and Im stubborn to admit it,  
Cause everyday it gets a little harder to forget it,  
And every second hurts,  
Its only getting worse,  
Your momma say I need to go to church,  
But its too hard. You take it hard  
Your darkest days are all behind you  
You take it hard  
Dont go so far away  
And I cant find you I swear I never meant to hurt nobody when I started this  
I wish I could go back in time and not play any part of this,  
Cause now my family broken hearted  
Its too hard to swallow this  
Pill that I feel made of steel  
Whats harder is Im wrong  
And I feel the guilt lying in this bed of nails that I know I built  
Trying to escape but Im trapped inside this cage

And this cage is on the stage  
So I can see my pain  
But Im still way too ashamed  
Ill take a plane,  
Im running away,  
Im packing my bags,  
Im leaving today,  
You can try to stop me but Ive made up my mind  
It seems its constantly changing,  
Im constantly changing,  
And aint nobody facing what Im facing  
So Im racing but I dont know what I chasing  
But Im running strong  
But before Im gone  
I stop inside the moment just to find someone that told me  
Because when its gone,  
Its gone,  
Its gone  
And its too hard. You take it hard  
Your darkest days are all behind you  
You take it hard  
Dont go so far away  
And I cant find you Aint no way to change it face it,  
Look it in the face and tell it I aint about to let you affect me  
Wreck me  
You promised you said you would protect me  
So even when it seems like you cant fight  
I know that its always gonna be alright  
Cause life is many mountains  
And valleys are all around so go ahead and win it, win it. You take it hard  
Your darkest days are all behind you  
You take it hard  
Dont go so far away  
And I cant find you

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