Spank

The Naked And Famous

I don't remember the first time

But I think I survived

Probably better not to try to recall cause it feeds

it, yea it keeps it alive

There are specific things

That I have to do

Day to day just to keep it at bay

You wouldn't believe it if you knewOh no, this isn't realHere's a little secret

Here's the best part

This is gonna take me right back to the start

If I can't hear it

If it's out of mind

Wait until it settles

Comes around a second timeI don't remember the first time

But I think I survived

Probably better not to try to recall cause it feeds

it, yea it keeps it aliveOh no, this isn't realHere's a little secret

Here's the best part

This is gonna take me right back to the start

If I can't hear it

If it's out of mind

Wait until it settles

Comes around a second timeI can feel it loom up into my head

It is in the room

Panicking in bed

I feel it coming on

Taking over view

Oh please not tonight

There's nothing I can do

This is bigger than me

This is in my fear

This is pitiful

I just disappear

Swells up all around me

Swallows up inside

Sell my senses if it would make this subside

I can barely handle

I can pass the time

Staring through the curtains up into the sky

Where there is no depth perception Keep preoccupied: self deception Nobody recognizes It doesn't have a name My brother is infected; he's acting just the same Screaming like a siren, up and down the hall He just wants to stop it He wants to end it all I am just a child I have nothing more than the basic function I am running from I curl up and wallow My distortion Everything is disproportion Suddenly I wake All is back again Everything is closer Morning is the same And I can't hear it; it's way out of mind I will just forget this till the next time

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