# Take a Breath

## Staind

You can take all things you think I need
All I wear upon my sleeve
All the ways you perceive
I no longer need it
And I know what it means in black and white
God wanted me and that's whyYou leave on the edge of sanity
There's not much left
Just take a breath
You play me out as mediocrity
Put to the test
Just take a breathAnd me I just take things as they come
I stick around until it's done
And I'm not your chosen one
But can you admit it
And I know what it means in black and white
God wanted me and that's whyYou leave on the edge of sanity
There's not much left
Just take a breath
You play me out as mediocrity
Put to the test
Just take a breathYou can take all the things you think I need
All the ways that you perceiveYou leave on the edge of sanity
There's not much left
I just take a breath
You play me out as mediocrity
Put to the test
Just take a breathI know what it means in black and white
I know what it means

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