

# All Fucked Up

## The Amity Affliction

When I wake up I'm thankful  
I slept through the night  
Cause that is the only time I feel alright  
Keep my eyes closed  
So I sleep the sadness away  
When I wake up I'm sure  
That it won't be the same  
All the panic, depression, the hurt and regret  
Lying to myself - "I don't think of death..."  
All the ups all the downs  
All the petty concerns  
My whole world's imploding  
I can't find the words  
Cause the truth is... I'm fucked up  
The truth is that I'm all fucked up - like you  
Yeah we're all fucked up it's true And the truth is, they don't hear the words we say  
Yeah they all just turn away  
If I wake up tomorrow  
Just know that I tried  
To find a way out  
Without saying goodbye  
All the panic, depression, the hurt and regret  
Lying to myself - "I don't think of death..."  
All the ups all the downs  
All the petty concerns  
My whole world's imploding  
I can't find the words  
Cause the truth is... I'm fucked up  
The truth is that I'm all fucked up - like you  
Yeah we're all fucked up it's true  
And the truth is, they don't hear the words we say  
Yeah they all just turn away  
Will you save my life... Or just say goodbye?

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