

# The First Step

## Carnal

C thompson, j kravetz, and k reid  
If you wanna feed all the children  
Then start by feeding one  
And if you wanna find a mountain  
To build your dreams upon  
You need love (the heart to care)  
Give me strength (the nerve to dare)  
It's gonna be great when we get there  
Take the first step the hardest to take  
Breaking away  
Take the first step whatever it takes  
All the way  
And you're already there  
If you wanna change the system  
You better build a better one  
You're gonna meet resistance  
But the time will come  
You need hope (the will to learn)  
Don't give up (the tide will turn)

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