

# Through The Pain

## P. Diddy feat. Mario Winans

On the Chicago River after dark  
We watch the city lights tear the sky apart  
The wind was blowing her hair around  
As the scenery explodes, I'll tell you how  
I fell into an old cliché  
Always on the road, only halfway sane  
No hospital can fix what I've become  
I've trapped myself in a ring of fire  
If I say I'm okay, I'm also a liar  
The only way out is through the pain  
How am I gonna get through this?  
I got so low that I get high  
Just to sit and watch the miles go by  
Now I'm cold and sweaty with a nauseous heart  
I got a million addictions wearing me down  
I fell into an old cliché  
Always on the road only halfway sane  
I've trapped myself in a ring of fire  
  
If I say I'm okay, I'm also a liar  
The only way out is through the pain  
And as I write these words my hands start to shake  
With trouble sneaking in not a second too late  
The only way out is through the pain  
Tomorrow I'll start again  
And now I'm begging for help  
I know I can't get up, gotta face this one all alone  
And if I don't make it  
Remember that I'll always be a part of you  
I've trapped myself in a ring of fire  
If I say I'm okay, I'm also a liar  
The only way out is through the pain  
And as I write these words my hands start to shake  
With trouble sneaking in not a second too late  
The only way out is through the pain  
Tomorrow I'll start again

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