Sick For So Long

Matisyahu

Sick for so long
I forgot this feeling
When ya wake up in the morning
With your heart still bleeding
With the wolves at ya heals
When ya spark is buried deeply
Burning from the bottom
Cracked open and weeping
That's how to sing softly
Brooms be on the street
Sweeping up the broken crowns
Glass in ya feet now
remove it from ya feet now

remove it from your back of the sidewalkLike fire and water

Sunrays on the ocean waves

Fathers and daughters

Now ya gotta relate

Sunrays on the ocean wavesHey kid

what it is

I know what it is

When ya got melodies

And heart disease

Ingredients that just won't let ya be

And ya just wanna sing m'

Air m' out and let m' breathe

words flow like honey

From the heavens

That ain't mine

What's that

Welling up in side

Here it comes

I'm about to come

With it

I'm gettin higher then a whip it
You know like from the dentist
It's time to go the distance
My vision is the sickest
You're eyes they sparkle

My love it glistensLike fire and water

Sunrays on the ocean waves
Fathers and daughters
Like fire and water
Sunrays on the ocean waves

Like fire and waterYou been floating away

Come back to yourselfWanna live my life from the inside outato kadosh veshimcha kadosh ukdoshim bechol yom yehalelucho selo

boruch ato adonai hoel hakadosh

ato chonen leodam da'as umelamed le'enosh binah

chonenu meitcho hochmah binah vedoas

boruch ato adonai chonen hadoas

hashivenu ovinu letoyrosecho

vekorvenu malkainu la'avoydosecho

vehachazirenu bitshuvah shlemah lefonecho

boruch ato adonai horoytze bitshuvah

slach lonu ovinu ki chotonu

mhol lonu malkenu ki foshonu

ki el tov vesaloch oto

boruch ato adonai chanun hamarbeh lisloyach

r'eh no veonyenu

verivah rivenu

ugeolaynu meheyrah lema'an shmecho

ki el goel chozok ato

boruch ago adonai goel isroel

rephoaynu, rephoaynu, rephoaynu

Rephael, Rephael

rephuah, rephuah, rephuah

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