Lift

Shannon Noll

I know you're hurting
Feels like you're learning
'Bout life the hard way
And it ain't working
Seems like forever
That you've been falling
It's time to move on
You're life is calling, yeah
This was never meant to be the end
Close the book and start again
Cause I know how hard it can get
But you gotta lift
You gotta lift
And sometimes that's how it is
But I know you're stronger
Stronger than this
You gotta lift
You gotta lift
When you can feel your
Whole body's aching
What's left of your heart
It won't stop breaking
You gotta let go
You took a hit
Time to pick up now
Move on from this

This was never meant to be the end
Close the book and start again
Cause I know how hard it can get
But you gotta lift
You gotta lift
And sometimes that's how it is
But I know you're stronger
Stronger than this
You gotta
Lift yourself up above all the hurt
Don't give in
Wipe your eyes and remember

You're better than this
Let them know
That they took their best shot
And they missed
C'mon and lift
Cause I know how hard it can get
But you gotta lift
You gotta lift
And sometimes that's how it is
But I know you're stronger
Stronger than this
You gotta lift
You gotta lift
Pick up now...
Pick up now...

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